



### COLD BEVERAGES

- \$ 1.75..... 2% MILK OR CHOCOLATE MILK
- \$ 1.50.....ICE TEA (Freshly Brewed/unsweetened)
- \$ 1.75..... BOTTLED WATER
- \$ 1.75..... DOLE 100% FRUIT JUICE
- \$ 1.75..... SPARKLING APPLE JUICE
- \$ 2.75..... SOBE DRINKS
- \$ 2.00..... BOTTOMLESS FOUNTAIN SODA

(Pepsi, Diet Pepsi, Fruit Punch,  
Root Beer or Sierra Mist)



### HOT BEVERAGES

- \$ 1.25..... Hot Chocolate
- \$ 1.25..... Hot Tea (Assorted Stash & Lipton)
- \$ 1.50..... Coffee (Fresh Brewed Regular or Decaf)



Gift Certificates or Yogurt Cards to give as gifts or promotions are available for purchase.

We provide catering services at reasonable prices. Please call us for a quote to cater your next event.

## The Udder Culture

9105 Mendenhall Mall Road  
Suite 146  
Juneau, AK 99801  
(907) 789-1991 Store  
(907) 789-9096 Fax  
[www.udderculture.com](http://www.udderculture.com)  
[cu@udderculture.com](mailto:cu@udderculture.com)



Good food at a great price!  
Eat at our place or get it to go and eat at yours.  
Our prices are subject to change without notice.



See our website for store hours.

Thank you!

# The Udder Culture



*"Good food at a great price"*

The Udder Culture is located in the Mendenhall Mall, across from the valley Public Library in Juneau, Alaska. Our friendly staff will be happy to prepare your lunch or dinner and have it ready to go when you arrive (and there's no extra charge); just call us at 789-1991 during our store hours to place your order. For best results, please call at least 15 to 30 minutes in advance for a single order and one hour in advance for a group order (up to 10).

## SANDWICHES

All Sandwiches available hot or cold

- \$ 8.95.....Whole Sandwich
- \$ 5.20.....Half Sandwich
- \$ 6.75.....Bagel Sandwich (whole only)
- \$ 9.20.....Croissant Sandwich (whole only)



CHOOSE ONE KIND OF BREAD:  
Sourdough, Whole Wheat, White,  
Rye, Bagel, Low Carb Wrap, or  
Butter Croissant.

CHOOSE ONE KIND OF MEAT: Turkey,  
Pastrami, Roast Beef, Ham, Bacon,  
Egg Salad, Tuna Deluxe or Chicken Salad

CHOOSE ONE KIND OF CHEESE: Cheddar,  
Provolone, Swiss, Havarti, Fat Free American, Cream  
Cheese, or Pepperjack Cheese

CHOOSE ANY OR ALL CONDIMENTS: Mayonnaise,  
Fat Free Mayonnaise, Miracle Whip,  
Dijon Mustard, Mustard, Margarine, Horse  
Radish, BBQ Sauce, Lettuce, Alfalfa Sprouts, Tomato,  
Onion, Dill Pickle.

Avocado available for an additional \$.25 per half sandwich.  
Bacon available for an additional \$.35 cents  
per slice if requested as a second meat choice.

### VEGGIE SANDWICH

Provolone on rye bread with olives, mushrooms,  
tomato, green pepper, sprouts, onion, avocado,  
mustard and mayonnaise (hot and toasted)

### REUBEN SANDWICH

Pastrami and Provolone on rye bread  
with mayonnaise, mustard, horseradish,  
onion and sauerkraut (hot and toasted)

DAILY SPECIAL .....\$10.00  
(EVERY DAY OF THE WEEK!)

Half sandwich and cup of soup  
(with one soup refill)

SHRIMP CROISSANT.....\$ 9.20  
WEDNESDAY AND FRIDAY ONLY!!

Shrimp, cream cheese, avocado, mayonnaise,  
tomato and sprouts on a butter croissant.

## SOUP OF THE DAY

\$ 4.15 - CUP  \$ 5.25 - BOWL

### DIANE'S HOMEMADE CHILI

\$ 4.35 - CUP \$ 6.00 - BOWL

CHILIDOG or FRITO PIE.....\$ 7.00

(Shredded cheddar cheese and diced  
onion available upon request)



BAKED POTATO BAR.....\$ 6.00

(\$ 1.50 ADDITIONAL IF SHARED)

Self service toppings available: real creamery  
butter, real bacon bits, real sour cream, chopped  
green onion, shredded cheddar cheese, steamed  
broccoli or cauliflower, cheddar cheese sauce.

POTATO SALAD.....\$ 2.50

SOFT HOT PRETZEL .....\$ 1.25

(Salted or Unsalted) Cheese Sauce or  
Cream Cheese \$1.00 per serving



PLAIN CROISSANT .....\$ 1.50

BAGEL.....\$ 1.25

Cream Cheese \$1.00 per serving

NACHOS.....\$ 5.00

Sour Cream, Jalapenos or Salsa, each \$.75 extra



## KIDS KORNER

PLAIN HOT DOG.....\$ 2.65

HALF CHEESE SANDWICH.....\$ 3.00

WHOLE CHEESE SANDWICH.....\$ 5.00

HALF PEANUT BUTTER N' JELLY.....\$ 3.00

WHOLE PEANUT BUTTER N' JELLY.....\$ 5.00

## DESSERTS

\$ 1.75.....BROWNIE

\$ 2.00.....BREAD PUDDING

\$ 5.50.....BROWNIE DELIGHT

\$ 1.50.....MUFFIN

\$ 6.00.....BANANA SPLIT



## FROZEN YOGURT

- \$ 2.00..... 4 OUNCE CUP
- \$ 3.00..... 6 OUNCE CUP
- \$ 3.75..... 8 OUNCE CUP
- \$ 5.00..... 12 OUNCE CUP
- \$ 5.50..... 16 OUNCE CUP
- \$ 8.50..... 32 OUNCE CUP
- \$ 3.50..... SMALL WAFFLE CONE
- \$ 4.50..... LARGE WAFFLE CONE
- \$ 3.00..... REGULAR CONE
- \$ 4.50..... YOGURT SHAKE
- \$ 0.75 ..... EMPTY WAFFLE CONE



### YOGURT TOPPINGS

Chocolate Chips, Butterscotch Chips, Oreo  
Cookie, Yogurt Raisins, Butterfinger, Sliced  
Almonds, Plain M&M's, Peanut M&M's

- 4 oz.....\$ .75
- 6 oz.....\$ 1.00
- 8 oz.....\$ 1.35
- 12 oz.....\$ 1.25
- 16 oz.....\$ 1.75
- Shake .....\$ 1.75

Strawberries or Hot Fudge Topping

- 4 oz.....\$ 1.00
- 6 - 16oz.....\$ 1.50
- 32 oz.....\$ 2.00

### Yogurt Nutritional Information

Lowfat Yogurt  
Sweetened with honey.  
26 calories and 2/3 grams of fat per ounce.

Nonfat Yogurt  
Sweetened with honey.  
23 calories and 0 fat per ounce.

No Fat - No Sugar Yogurt  
Sweetened with Nutrasweet.  
10 calories and 0 grams of fat per ounce.